



Boulder Ponds

Community News

January 2025.

Happy New Year, Friends and Family!

As we welcome 2025, we feel incredibly lucky and grateful to share this journey with all of you. Thank you for the privilege of being part of your lives, we are honored to have you in our Boulder Ponds family. May the new year bring you health, peace, and love, and may we continue to create beautiful memories together in the year ahead.



Whats New?

Welcome Jody Slaughter!

Boulder Ponds new community Chaplain. with over 30 years of experience in pastoral care, counseling, and spiritual guidance, Jody brings a sensitivity to individuals and families during their senior years and end-of-life journeys. She offers comfort, meaning, and peace during life's tender transitions.

Inspired by a deep love of listening to others' stories and a passion for creativity, Jody nurtures spirituality, fosters meaningful connections, and inspires hope. She is dedicated to creating a supportive and inclusive environment where residents, families, and staff can find self-awareness, connection, and purpose in every season of life.

Welcome



January Birthdays



★ **Carol Dexter - *January 8th***

★ **Betty Trolen- *January 8th***

★ **Anna Zwirin- *January 11th***

★ **Barbara Klammer - *January 22nd***

★ **Gerald Johnson - *January 28th***

★ **James Gaertner - *January 28th***



News from Nursing



Our dedicated Nursing Team is onsite Monday through Sunday 7 days a week, Ready to assist you with any medical needs, questions, or concerns you may have. To reach our nursing team, please do not hesitate to call the front desk as we will transfer you to someone who can assist you.

Podiatry Services Coming to Boulder Ponds!



January 8th, We will have podiatry services available in the building. Please stay tuned for the times and locations.

If you have previously seen the podiatrist, you are already on the list and do not need to sign up. If you have not yet been seen for in-house podiatry services and would like to be seen at the next upcoming visit, please reach out to our nursing team for more information.

Maintenance



Jay, our Maintenance Head is onsite Monday Through Friday to tackle any maintenance issues you may have, Big or small!

- **For any maintenance, appliance, or technology-related issues, please contact the front desk to submit a request.**

House Keeping



Robb our Housekeeping Director, is in the building Monday through Friday. He and his wonderful team are here to make our building sparkle and to lend a hand whenever you need assistance.

- **For Housekeeping needs or scheduling please contact the front desk for assistance.**

Dining



- ***January menus can be found in the 2nd floor dining room and viewed in both elevators.***

Questions regarding meal delivery service, can be answered by the dining staff, Home Health Aids or by contacting the front desk. Any further questions or concerns will be addressed and answered at our monthly Chef Chat meeting with Jose our head of Dining Services on Friday, January 3rd 1:30pm in the First Floor Community Room.

Spiritual



- ***Worship services are held every Tuesday, 10:00am in the first floor community room.***

We are absolutely over the moon to announce that Chaplain Jody has joined our Boulder Ponds family! Chaplain Jody will be with us twice a week, leading worship services and offering one-on-one support to community members. Her compassionate presence and spiritual guidance will surely enrich the lives of all who call Boulder Ponds home.

Chaplain Jody will also be collaborating with CC to seamlessly integrate her many talents and services into our daily schedule. We are thrilled to see how her contributions will enhance our community.

***January 7th 10:00am* - we invite you to join Chaplain Jody in the Community Room for her first meet-and-greet session. This will be a great opportunity to ask her any questions, learn more about her role, and let her know a little about you!!**

Community Life



Happy New Year, dear friends! As we step into 2025 together, I feel so incredibly blessed and honored to be surrounded by all of you. The positive changes we've embraced in the past few months have filled my heart with so much hope, and I truly believe that only beautiful things are ahead for us this year.

I'm excited for the moments we'll share—whether it's worshipping together with our new chaplain Jody, connecting in our women's group, or enjoying a grocery store run and a delicious brunch at Northern Tap House. These gatherings are just the beginning, and there's so much for everyone to enjoy.

I encourage each of you to embrace something new this January, step out of your comfort zones, and let's continue growing and supporting each other.

Here's to a year of love, laughter, and making memories together!

- ***Please remember to check your first-floor mailboxes next to the elevators for your monthly activities calendar. Additionally, you will find the weekly schedule posted in both elevators and at the front desk.***

If you have any questions, concerns, or ideas for new activities, please feel free to reach out to CC –i would love to hear from you!

***1/3* - Chef Chat**

***1/7* - Meet Chaplain Jody!**

***1/8* - Resident Ambassador Meeting**

***1/10* - Cub Foods Shopping Trip**

***1/20* - Resident Council**

***1/24* - Brunch at Northern Tap House**

***1/28* - January Birthday Celebration**



Legacy Suites



As we welcome the new year, we're filled with gratitude for the opportunity to spend it together. With Carrissa now settled into her new role, we're already seeing her positive influence on our community.

We have so much to look forward to this month – from social hours to live music, arts and crafts, and a special lunch outing. These activities will help us stay engaged and connected as we embrace our New Year's resolution of making 2024 a year full of joy, creativity, and meaningful moments.

Thank you for being part of our community. Here's to a wonderful year ahead!

- Legacy Suites calendars are available next to the bulletin board in our unit, and copies will also be placed in community members' apartments for your convenience. Please reach out to Carrissa with any comments, questions or concerns!***



1|8 - Get to know Chapalin Jody

1|14 - Music with Megan

1|27 - January Birthday
Celebration

1|28 - Music with Megan

1|30 - Lunch at Machine Shed
Restaurant

Mondays - Cheese & Cracker
Social

Tuesdays - Craft Corner

Wednesdays - Worship Service
& Chaplain Jody Day



Thursdays - Cooking Corner

Fridays - Movie Matinee







HAPPY

New Year

Boulder Ponds!!

2025

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